

SACWN

SACRAMENTO AREA CAREER
WOMEN'S NETWORK INC.

VOLUME 11, NO. 1

JANUARY, 1995



AN EVENING WITH JOANN LOULAN

*"Psycho-comedy about
lesbian lives and loves.
Funny, poignant and
inspirational."*

JoAnn Loulan is a best selling author, sex educator and psychotherapist specializing in the sexual and emotional concerns of lesbians. JoAnn's provocative humor and warmth, combined with her incisive observations on lesbian culture, make her one of the nation's most in-demand "out" lesbian speakers. JoAnn's best selling books include The Lesbian Erotic

Dance: Butch, Femme and Other Rhythms, a witty and profound look at lesbian eroticism and androgynous images, Lesbian Passion: Loving Ourselves and Each Other, and Lesbian Sex. She has appeared on Oprah, Geraldo and Phil Donahue. Join us for the return, by popular demand, of JoAnn Loulan to SACWN!

DATE:	Friday, January 13, 1995
PLACE:	Beverly Garland Hotel, 1780 Tribute Road, Sacramento
TIME:	6:30 p.m. Networking; 7:30 p.m. Program
TICKETS:	\$12 Subscribers, \$17 Non-subscribers and at Door

See order form on inside back cover of this newsletter. An event for women over 21 only.



FROM THE STEERING COMMITTEE

Happy New Year! We wish each of you the very best for a healthy, happy and successful new year.

As we moved toward the new year at SACWN, we took a hard, analytical look at the year just ending and the current policies we have in place. Of concern is the ticket pricing policy. It is a difficult task to estimate how many subscribers and non-subscribers will attend the monthly program. But we estimate, we develop a budget, and set a ticket price. We are committed to keeping the price of tickets as low as possible. However, we must naturally cover the costs of the program to stay in business. Our goal is to break even each month, and add a little each year to the "hard times" reserve. (Actually we dipped into the reserve to cover costs in 1992-93, and added just \$500 to it in 1993-94.)

But since August, our formula for breaking even on meeting costs has not worked. At each meeting the attendance has been below the projections and we are currently several thousand dollars in the red for this year.

In comparison to "straight entertainment," SACWN

prices are low. Going to the movies today can cost \$8 before the obligatory soda and popcorn. SACWN has been bringing you live artists for \$10. Checking on the concert costs around town, SACWN remains a bargain. Most other entertainment tickets are in the \$15-40 range.

But long term survival for SACWN will mean an increase in ticket prices if event attendance does not increase. Our prices on our 1995 January and February events (usually our largest draw) have remained consistent with last year's policy. We will evaluate attendance before setting the ticket price on the March event.

Your annual dues pays the costs of maintaining an office, staff time to produce the events and write the newsletter, and the other newsletter costs not covered by advertising. At a minimum, an average monthly event costs \$800 for the facility rental, advertising, lighting and audio visual equipment and decorations. Add to that the cost of the artist, (we've paid \$300 to \$1500 plus travel costs and overnight expenses) and you see that we need to sell more than 100 tickets at \$10 to cover our costs. We are committed to not compromising on the rental of nice facilities, payment to artists or presenting a variety of programming to meet our many subscribers' interests.

This will be a critical year for us. We need your support to continue to bring lesbian culture and entertainment to Sacramento in the coming years.

SACWN STEERING COMMITTEE

Rosemary Metrailler, Corporate Coordinator
(916) 447-7255

Jane Irwin, Finance Coordinator
(916) 424-3153

Sandra Virago
Executive Director

SACWN, Inc.
3031 F Street, Suite 201
Sacramento, CA 95816
(916) 451-8034
FAX: (916) 446-7189

SACWN, Inc. newsletter is published monthly, ten times a year. No portion of this newsletter may be reproduced without written permission from SACWN, Inc. Letters to the Editor, articles and community announcements are welcome. Materials submitted may be edited and shortened based on available space. For more information, contact Sandy Virago at 451-8034.

SACWN ADVERTISING RATES

Type	Member	Non-Mem
Business Card	\$25	\$37
3 1/4 x 1 3/4		
Two-column ad	\$40	\$60
4 1/2 x 2 3/4		
Quarter page	\$50	\$75
3 1/2 x 4 1/2		
Half page	\$90	\$135
7 1/8 x 4 1/2		
or 3 1/2 x 9 1/2		
Full page	\$160	\$240
7 1/2 x 9 1/2		
Classified ads (per word)	.40	.60
Discounts	1 year	20%
(pre-paid)	1/2 year	10%



SPECIAL INTEREST GROUPS - JANUARY

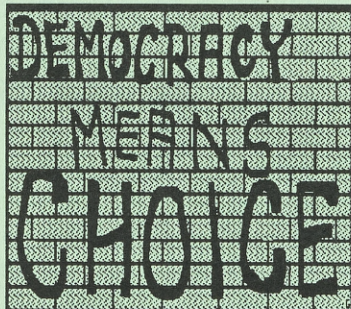
We are pleased to announce the formation and reformation of several Special Interest Groups! A very big thank you to our subscribers, Theresa, C.J. and Linda for taking the lead in these new areas.

The "Moms and Kids" group is especially exciting as we know it has been hard for subscribers with kids to accept our policy of "no kids at SACWN events." The policy is important, because of confidentiality concerns. Early in the herstory of SACWN, a child brought to a SACWN event saw her school principal, totally compromising the confidentiality for our subscriber. In our carefulness, we must err on the side of caution. But now, here's a SIG just for Moms and their Kids and Moms to be, also!

Also, check out the new Metaphysical Group, the Entrepreneurs and the Wildlife, Birdwatching and Photography Group. Now's the time to get involved!

SINGLE CONNECTION

To find out what is happening in January, call **Debbie** at her new number, **209-334-0366**. Hosts needed for meetings, volunteer today.



TOP TEN

These "over fifty" women are up to something. Call **Lise** to find out what at **452-4948**.

HIKING

Is there interest in a winter hike? Call **Nancy** at **454-5847**.

RAINBOW CAMPERS

Eager to air out the tent? Get new stakes in your Christmas stocking? We'll be organizing soon. Call **Casey Garrison** **366-7362**.

NEWCOMERS GROUP

We have a "welcome" brunch on the last Sunday of the month. Join us if you are new to the area, new to SACWN or just "new." All members and facilitators invited to attend. RSVP to **Angie** at **395-4147** for location and time.

GOLF

If the fog lifts? Give **Judy** a call at **339-2201** to find out the details.

THE WALKING GROUP

Let's walk! **Reina** can be reached at **448-5412**.

POKER

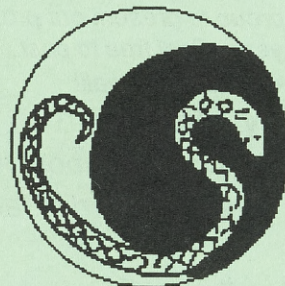
We love poker. Want to join us for a game? Call **Kym and Jane** at **649-1182**.

COUPLES CONNECTION

January Super Bowl Party coming up! Call **Lesha and Cinder** at **676-0641** for general info.

CULTURE CLUB

Call **Ann** at **927-6038** to find out what these cultural women are doing!



METAPHYSICAL GROUP

Do you have a special interest in metaphysics? Numerology; Crystals; Reincarnation; Channeling; Healing; Cayce; Seth; etc. New Group forming. Planning pot luck Sat., January 21st at 4:00 p.m. Call **C.J.** at **366-7362** for info and directions.

MOM'S AND KIDS

Interested in meeting with other mothers and mothers to be? Call **Theresa** at **753-0329**.

WILDLIFE, BIRDWATCHING AND PHOTOGRAPHY HIKES

Organizing meeting to all interested in furs, feathers and film! January 14 at 1:00 p.m. Call **Linda** at **921-9052** for location.

LESBIAN OWNED

Are there any business owners/managers and wantabees who would like to get together to trade experiences, expertise, and the joys of owning your own business? Let's meet for breakfast on Saturday, January 21? Call **Sandy** at **451-8034**.





SACWN CALENDAR FOR 1995

We are proud to present our proposed calendar for the coming year. Feel free to post on your refrigerator, file cabinet or bathroom wall!

Friday, January 13 - JoAnn Loulan
Psycho-comedy about lesbian lives and loves. Beverly Garland Hotel.

Saturday, February 11
Melody of Love Valentine Dance
Unitarian Universalist Society

Friday, March 17 - Comedy

Friday, April 21
Second Annual Film Festival

Friday, May 19 - Cruise on the River

Friday, June 23
Evening at the Theater;
Last Summer at Bluefish Cove,
Lambda Players

July 28-30
Third Annual Sacramento
Women's Gathering

Saturday, August 19 - Luau

Friday, September 22
Dance Troop

Saturday, October 28
Halloween Dance

Friday, November 17
Pot Lucks by Zip Code

January 2 - The Lesbian Support Group of Auburn meets at the Dewitt Center. Call 632-7080.

January 11 - Jude Narita, Main Theatre, UC Davis, *Coming into Passion: Songs For A Sansei* - In five portraits of Asian and Asian American women, actress Narita introduces a series of characters coming to terms with their ancestry and the painful collisions with modern culture. Call 752-1915.

January 13 - JoAnn Loulan at SACWN
"If you've only read Loulan, you're in for a treat. She's hilarious, bringing her books' warmth and kindness alive in her speeches but adding a raucous sense of humor that makes her lectures funnier than a comedy act." The Advocate. See back page for order form.

January 14, 15, 19, 20, 21 and 22 - Lambda Players "Lisbon Traviata" A play about the grandeur of Opera and a wonderful modern day gay relationship.

January 14 - 8:00 p.m. Sacramento Women's Chorus in "Raise the Roof," Songs That Empower Women and Benefit Everyone. Guests: Napa Valley Women's Chorus under the direction of Judy Fjell. St. Francis Church, 26th & K. Call 481-3324.

January 15 - 3:00 p.m. Sacramento Women's Chorus in "Raise the Roof," Songs That Empower Women and Benefit Everyone. Guests: People's Freedom Chorus under the direction of Second Wind's Patty Weber. St. Francis Church, 26th & K. Call 481-3324.

January 16 - The Lesbian Support Group of Auburn meets at the Dewitt Center. Call 632-7080.

SACWN^{INC.}

We sincerely appreciate the support of our advertisers throughout the year. Their contribution pays for most of the printing and mailing costs of the newsletter. We hope you will support them and tell them you saw their ad in SACWN.

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White Buffalo Woman - *This is a true story reported in the news and in a newsletter of our sister organization in Mendocino.*

It is the belief of the indigenous people of the Plains of North American, that White Buffalo Calf Woman, the spirit they believe created the bison, would some day return. She would arrive in the form of a white female buffalo and she would bring with her peace and prosperity.

A white female buffalo was born on August 20th, 1994 from a mother of usual buffalo characteristics - deep reddish-brown and 1000 pounds. She is the first white female buffalo known to have been born in this century. She was born on a farm in Jamesville, Wisconsin and named "Miracle" by her caretaker.

Thousands of people have been visiting Miracle. Chippewa, Sioux and other people who perform sacred ceremonies alongside Miracle drive hundreds of miles, stay for a few minutes, leave sacred gifts, wish the caretakers well and drive back home. One Nakota seeker drove 23 hours from the Pheasant Rump Reservation in Saskatchewan, Canada to leave an eagle feather, explaining "It is the most sacred gift because the eagle flies closest to the Creator." The caretakers consider themselves custodians of a sacred trust and have resisted significant offers of money from those wishing to capitalize on the buffalo.



MELODY OF LOVE DANCE

SACWN will present the annual Valentine Dance on February 11, 1995 at the Unitarian Universalist Society, 2425 Sierra Boulevard in Sacramento. *Second Wind* will play the melodies of love for you to sway, spin and swirl to. The Sacramento Women's Chorus will provide a no host bar for the evening. As usual, it is expected that much fun will be had at the Single Connection's reserved tables. (Half price tickets are available to six SACWNites who will come early to decorate or stay late to clean-up. Call the office at 451-8034 to discuss.)

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SUCCESSFUL SACWNITES



Madella Watts and Helen Lopez

Madella Watts was born in Harrisburg, Pennsylvania and lived in Mississippi, Tennessee and Germany before she came to California at 13 with her Air Force dad and family. Their journey ended in Sacramento in 1976 because her dad wanted to retire from McClellan. Madella has always been ambitious. "I guess my first business was selling Kool-Aid pops for five cents or three marbles, out the window of our home in Germany." Madella worked at different jobs, but kept going back to being an independent contractor for a delivery service.

Helen Lopez was born just down the road in Roseville. She followed a traditional pattern of marrying young and having four children, including a set of twins. Her youngest child is now eleven. Helen and Madella met in 1984 when they both worked for McClellan Air Force Base. They were both in the running for the same promotion. Helen got it, but didn't forget her friend and when another position in the department became available, she talked her boss into hiring Madella. Their close friendship turned to love in 1988. Within four months both were first single, and then partners in 1989.

From the beginning, they wanted to build a business that included family members. Searching the business opportunities ads they found and bought shaved ice equipment. Working with Helen's children, they became the LOWABE FAMILY, a name created by Madella by combining the last initials of those involved. For several years, they worked at state fairs, festivals, jazz festivals and CAL EXPO, including the Rainbow Festival and Freedom Fair. During this period, they also worked for a delivery service. Building on their experience, in 1991 they began their own delivery service, LOWABE EXPRESS, registering with the city and state as a women owned and minority owned small business.

"Our first contract was with the city," recalled Helen, "and we had it for three days. We didn't know that we had to call the contracting office to find out if we were the low bidder. So after three days, when they didn't hear from us, they gave the contract to another firm. We learned from that experience." Their company now has six contracts with the state and makes daily deliveries on each contract. Several local businesses also use their service. "One of our first and longest contracts has been with a pharmacy. We deliver their prescriptions. Often the buyer is a senior citizen. Seeing the need, we're considering an expansion into private senior citizen transportation."

Both Helen and Madella feel they are close in their reach for success. Helen works hard to set an example for her children and grandchildren. "I want them to know they can hold on to a dream and make it come true. No matter what they want to achieve, they can do it by not giving in to negative forces." For Madella, success is being able to take a dream and turn it into reality. "We started with barely nothing. We had a dream that we wanted to have our own company. We've worked hard and by our determination, we have made it possible."

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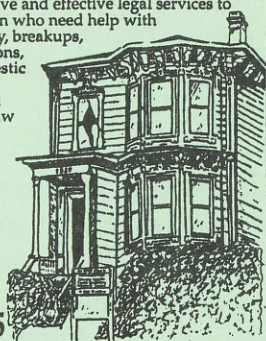
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More About JoAnn Loulan

JoAnn is a licensed Marriage, Family and Child Counselor and sex therapist with a private practice (98 percent of whom are lesbians) in Northern California. She presents research on sex attitudes and practices at professional conferences worldwide and speaks to thousands of lesbians and gays each year in sold out shows across the country.

JoAnn Loulan is the best selling author of four books. The Lesbian Erotic Dance: Butch, Femme and Other Rhythms begins with lesbian eroticism and examines androgynous images in the lesbian community. Lesbian Passion: Loving Ourselves and Each Other was nominated by the American Library Association as one of the Top Five Gay Books of 1987. Lesbian Sex, written in 1984 is the definitive resource for lesbians and counseling professionals on lesbian sexuality. Period, with Bonnie Lopez and Marcia Quackenbush was written in 1979 because, as JoAnn says, "there were no books for girls on menstruation except the Tampax manual." Period is used in school systems around the country and has won many children's book, library and child science awards.

JoAnn is currently at work on her book, Gender Jail, which explores her expanding concept of genders, sexuality and identity. Her second work is a poignant and humorous exploration of the emotional effects of cancer, drawing from JoAnn's own experience with breast cancer. She received the 1994 Southern California Women for Understanding's "Lesbian Rights Award" and the 1988 National Gay and Lesbian Health Foundation's "Community Service Award for Ongoing Commitment to Lesbian and Gay Health."



SACWN SAYS....

SACWN Office Moves.. The association management company that manages SACWN is moving to new and larger office quarters at the end of December. The SACWN phone number will stay the same, but there may be a slight interruption of phone service on December 29 or 30. The new fax number is listed on page 2. The new office is at 3031 F Street, the corner of Alhambra and F Streets, (across from McKinley Park and Library) and promises more parking (look for three spaces marked OMG). **Remember, if you intend to pick up your event tickets at the SACWN office, call first, especially during the last days of December.** Mail will be retrieved from the old address through January, so no delay will occur in mail order ticket purchases.

The Sacramento Women's Chorus Thanks You.. More than 300 people attended the successful pasta feed fundraiser in November for the Chorus. Enough money was raised to purchase the risers and acoustic shells needed for future performances. Chorus director Mary Willallen noted that the SACWN newsletter was a major source of advertising for the event and she saw hundreds of SACWNites at the function. See the Calendar of Events on page 4 for the Chorus's next concert.

Did You Get a Dance with Jayne at the Celebration? SACWNite and long time board member Jayne Roundtree reports, "My diagnosis changed to metastatic ovarian cancer in May. I am currently going through chemo therapy at UCD Cancer Center. So far, it looks promising. I'm still getting blood, but I have enough "slips" at this time. I'm so thankful for everyone at SACWN who gave blood, sent cards, and said prayers. I'm very grateful for all of your support. I had a

wonderful time at the 10th anniversary. Got to dance again, it felt great. I'll see everyone at the Valentine Dance. "

New Group Forms for Gay and Lesbian Health Care Professionals - qHS prn will be officially born at a "Neo Natal Event" on January 21. For more information on this networking and social group for health care workers and a copy of their newsletter, call 446-4582.

Town Council Folds... The Sacramento Lesbian and Gay Town Council made a decision to end their meetings last month. Participation in the once active organization had dwindle to a half dozen representatives. In it's earlier days, the Council was active in improving relationships between the gay community and the city police department and played a coordinating role in the passage of the city's domestic partnership ordinance.

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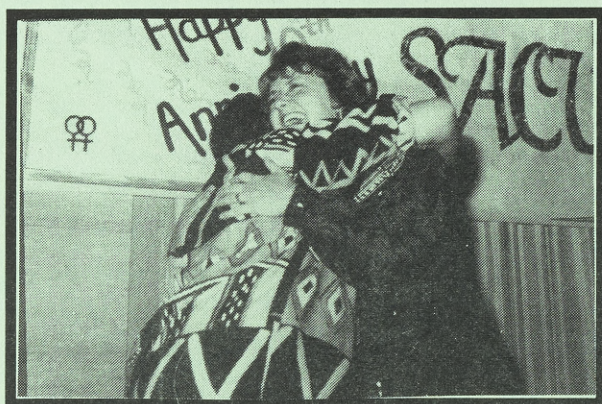
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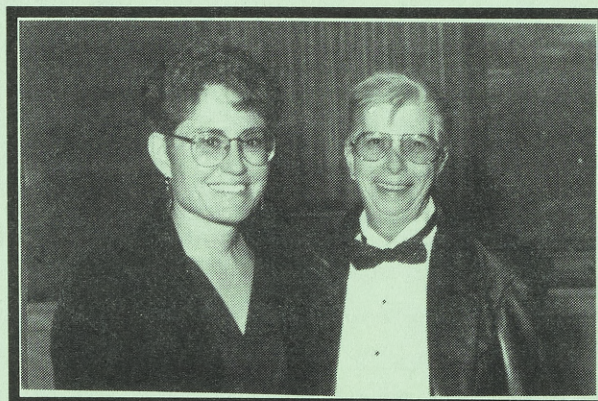
REFLECTIONS OF THE TENTH ANNIVERSARY CELEBRATION OF SACWN



Founding mothers of SACWN, steering committee members from the past ten years and SACWN subscribers joined together on October 29, 1994 to celebrate the ten year anniversary of the organization at a dinner and dance held at the Grand Ballroom.

A copy of the commemorative program for the evening is available by calling SACWN at 451-8034.

Pictures by Katherine Davis and courtesy of MGW and Linda Birner.





SUBSCRIPTION RENEWAL BY MAIL

All subscriptions may be paid in full or in 2 installments, the second installment due in 6 months. Subscription entitles you to our monthly Newsletter and discounts for all functions. Please select the appropriate category and send a check for the correct amount, payable to SACWN, Inc.

CATEGORIES

RATES

Regular Subscriber \$36/year
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(Student/Senior/Disabled)

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This form is NOT a permanent record. Please note: Names on checks are listed in our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail. If subscribing by cash, please make your payment at the next meeting you attend. A \$10 fee will be charged on returned checks.

WAIVER - I AM AWARE THAT CERTAIN RISKS OR INJURIES COULD OCCUR ARISING FROM MY PARTICIPATION IN SACWN, INC. EVENTS AND/OR SPECIAL INTEREST GROUPS. IN CONSIDERATION OF THE RIGHT TO PARTICIPATE IN SUCH EVENTS, SOME OF WHICH MAY INVOLVE STRENUOUS ACTIVITY (I.E. HIKING, GOLFING, SKIING, CYCLING, ETC.), I HEREBY ASSUME ALL RISKS AND WILL HOLD SACWN, INC. AND ITS MEMBERS HARMLESS FROM ALL LIABILITY WHICH MAY ARISE IN CONNECTION WITH THESE ACTIVITIES.

Signature _____ Date _____

Signature _____ Date _____

*LIMITED INCOME - We consider a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of her budget.

* SENIORS - Age 65+ on Limited Income; STUDENTS - Students 21+ on Limited Income; DISABLED - Disabled Citizens on Limited Income.

**SUSTAINING - Contributing a little extra to help supplement others (Seniors, Students, Disabled) on limited income.

An Evening with JoAnn Loulan

Mail in Ticket Form

Friday, January 13, 1995
FROM 6:30 P.M.

Beverly Garland Hotel
1780 Tribute Road, Sacramento

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

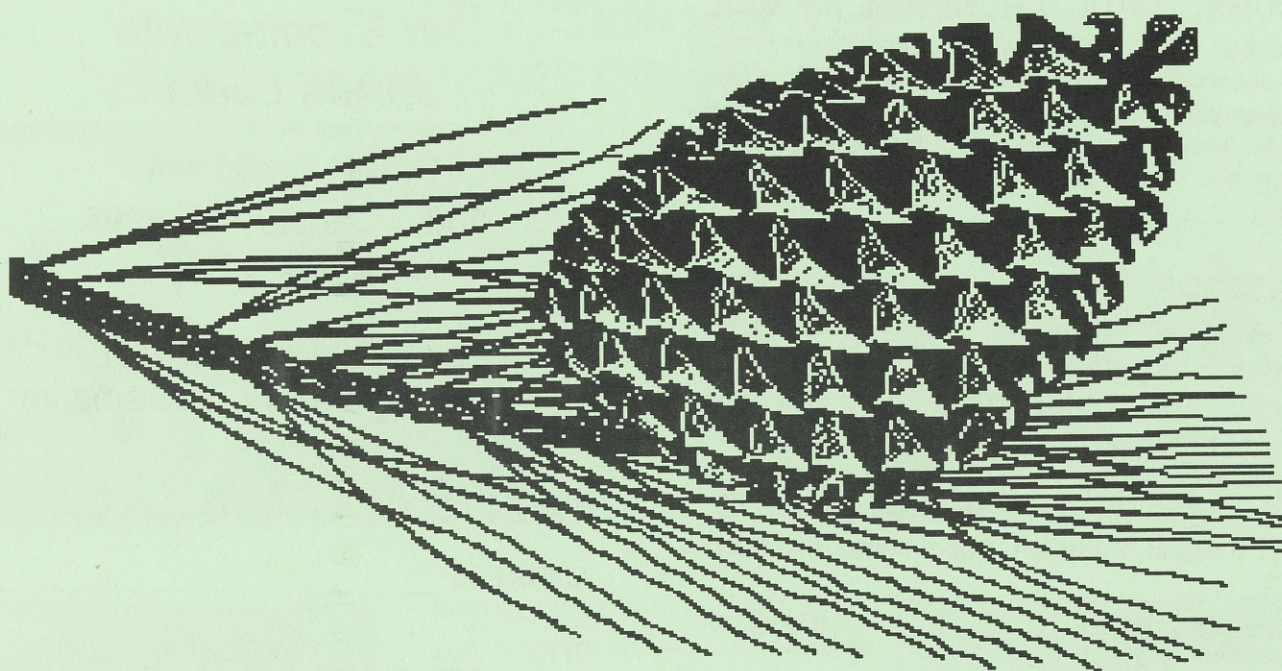
	Per Person Price	# Tickets
Subscribers:	\$12	_____
Non-subscribers:	\$17	_____
Limited Income:	\$10	_____

All tickets at the door will be \$17.
Mail check, payable to SACWN, with **self addressed stamped envelope** to:

SACWN
3031 F Street, Suite 201
Sacramento, CA 95816

**If no envelope is included,
ticket(s) will be held at the door.**
Tickets may be picked up at the office
by **pre-arrangement**. It is especially
important this month that you call
before coming for tickets.
For information, call 451-8034.

This event is for women over 21 only.



SACWN
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WOMEN'S NETWORK INC.

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BACK BY POPULAR DEMAND - JOANN LOULAN ON 1/13/95